

NRR Wednesday Route 7

6 Miles

Right onto Obelisk Rise, Right into Ash Rise, Lynton Avenue
Cross the Harborough Road into White Hills Way, Right on Link Rd, Right at Tesco
1st Left, 1st Right, 1st Left, across the Pastures to Welford Road
Cross over Welford Rd and straight down path to BVW
Through kissing gate, over three bridges and railway line **(Take care)**
Around farm to the back of the Firs
At rear entrance to the Firs, Left along tree line
After 300 meters at top of rise, Left on dirt path
Follow line of single trees across field, then straight-ahead keeping hedge on right heading for radio mast
Left along field edge down to farm track. Right along farm track then Left to railway bridge
Under rail bridge by the river up onto cycle path. Drop down off cycle path into horse field
Diagonal across field, cut through to Julien Way
Left to North Western Avenue, continue to Welford Rd
Cross Welford Rd, up Acre Lane
Right Birchbarn Way, Left Harborough Rd, Right Lynton Ave and back in

8 miles

Right onto Obelisk Rise, Right into Ash Rise, Lynton Avenue
Cross the Harborough Road into White Hills Way, Right on Link Rd, Right at Tesco
1st Left, 1st Right, 1st Left, across the Pastures to Welford Road
Right on Welford Rd to Windhover, cross over at pelican
Left on cycle path to kissing gate, Right over three bridges and railway line **(Take care)**
Around farm to the back of the Firs
At rear entrance to the Firs, Left along tree line
After 300 meters at top of rise, Left on dirt path
Follow line of single trees across field, then straight-ahead keeping hedge on right heading for radio mast
Left along field edge down to farm track. Right along farm track then Left to railway bridge
Right along river through to Mill Lane **(beware broken planks on boardwalk)**
Left up Mill Lane to Cock Hotel, Left on Harborough Rd
Right on Holly Lodge Drive
Left up first entrance of Obelisk Rise and back in

8.8 Miles

Right onto Obelisk Rise, Right into Ash Rise, Lynton Avenue

Cross the Harborough Road into White Hills Way, Right on Link Rd, Right at Tesco

1st Left, 1st Right, 1st Left, across the Pastures to Welford Road

Right on Welford Rd to Windhover, cross over at pelican

Left on cycle path to kissing gate, Right over three bridges and railway line **(Take care)**

Around farm to the back of the Firs

At rear entrance to the Firs, Left along tree line

After 300 meters at top of rise, Left on dirt path

Follow line of single trees across field, then straight-ahead keeping hedge on right heading for radio mast

Left along field edge down to farm track. Right along farm track then Left to railway bridge

Right along river towards Mill Lane **(beware broken planks on boardwalk)**

Just before Mill Lane, veer Right, under bridge

Through kissing gate and Right behind Spencer football club

Through kissing gate on Left, ahead and up Studlands Rd to Bells

Left on Harborough Rd

Right on Holly Lodge Drive

Left up first entrance of Obelisk Rise and back in